

# Lisa Boalt Richardson

## Media Angles & Interview Questions

### Media Angles

- TEA IS HOT and getting HOTTER, Learn from an EXPERT how to easily Choose and Brew your tea for best results.
- Why just DRINK your TEA, when you can EAT it too? LEARN how to easily use “tea as an ingredient” when cooking!
- Do you know what the BEST TEA is to drink for your HEALTH?
- Tea with a Twist-this is not your grandmother’s tea party! Learn how to Entertain with FUN, CONTEMPORARY, OUTSIDE-THE-BOX tea party ideas on a BUDGET.
- Who knew the BOSTON TEA PARTY wasn’t the FIRST or the ONLY tea revolt? Do you know where the *first* one was? You might be surprised...
- Do you know when NATIONAL HOT TEA MONTH and NATIONAL ICED TEA MONTH are? Let a *Certified Tea Specialist* show you how to make some GREAT recipes for both!

### Tea with a Twist Questions

What was the inspiration for Tea with a Twist?

What time is tea time and do I need to have china and silver to have a tea party?

What is the “twist” in Tea with a Twist?

How do you cook with tea and why would you want to?

What are some entertaining tips when hosting a tea party?

What is high tea and is it different from afternoon tea?

### The World in Your Teacup Questions

What do you mean by the world in your teacup, how is the world in a cup?

Where does tea come from and who first starting drinking tea?

Most people only know about the Boston Tea Party, were there any other tea revolts?

Has the United States ever tried to grow tea?

How did you choose which countries to write about in The World in Your Teacup?

How many countries have a tea ceremony and what do they do?

### General Tea Questions

You are a Certified Tea Specialist, what does that mean?

Some people say green tea is the best; others say white, which tea is the best tea to drink for my health?

I have only used teabags to make tea, how do you make tea using loose leaf tea?

Do you have to boil the water to make tea or are there different water temperatures for each type of tea and how long do I steep it?

I have been told that white tea has the least amount of caffeine, is that true?

How do you decide what tea to use when pairing tea and food?

Does black tea, green tea, etc. come from different places, species of plant?

Contact: Lisa Boalt Richardson  
info@lisaknowstea.com  
770-833-0313

Lisa  
knows tea